

Help your children Learn and Grow



- 1. Read together every day.** It will help little ones learn about letters, words and books.
- 2. Tell stories, have children tell stories.** Even simple stories about what happened during the day will help kids learn to talk and communicate.
- 3. Give kids paper, crayons and coloring books.** Color and scribbling are the first steps in learning to write and hold a crayon correctly.
- 4. Play make believe.** It is a great way to grow young imaginations.
- 5. Keep plenty of puzzles, blocks, stacking cups, even plastic containers for playing.** Simple play can help children learn how to solve problems and figure things out.
- 6. Help little ones learn to play well with others.** These social skills will serve them well in school.
- 7. Create family rules and routines.** Rules teach children how to act and behave. Routines help them learn what to expect.
- 8. Practice 123s and ABCs.** Numbers and alphabet are important early learning skills.
- 9. Talk about the colors and shapes of things.** These concepts help children learn how to organize things.
- 10. Always shower little ones with lots of love and attention.** Secure, responsive family relationships are the most important.



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For more on preparing children to learn, see *Skills for Preschool Little Book*, Noodle Soup item 9856.